

LOCAL SUPPORT GROUPS AND MEETING CALENDARS  
THE WOODLANDS AREA

Support Meeting Type	Monday	Place	Tuesday	Place	Wednesday	Place	Thursday	Place	Friday	Place	Saturday	Place	Sunday	Place
Alcoholics Anonymous - Mixed	6.30 AM 12 Noon 6:00 du. 7.00 PM 8:00 du.	6 6 6 9 6	6.30 AM 12 Noon 6:00 du. 7.00 PM 7.30 PM 8:00 du.	6 6 6 7 4 ** 6	6.30 AM 12 Noon 6:00 du. 8:00 du.	6 6 6 6	6.30 AM 12 Noon 12 Noon 6:00 du. 7.30 PM 8:00 du. 9.30 PM	6 6 7 6 4 6 6	6.30 AM 12 Noon 12 Noon 6:00 du. 7.30 PM 8:00 du. 10.00 PM	6 6 6 6 4 ** 6	6:00 du. 6	6 6	10.00 AM 6:00 du. 6:00 du. 8:00 du.	6 6 5 6
Alcoholics Anonymous - Men							7.00 PM	4 **			10.00 AM	6		
Alcoholics Anonymous - Women	6.00 PM	4					10.00 AM 7.00 PM	6 4 **			10.00 AM 12 Noon	4 ** 10		
Adult Children of Alcoholics	7:00 du.	7											7.00 PM	4
Al- Anon	10.00 AM 12 Noon	7 10	7.30 PM	4			7.00 PM	5	12 Noon 7.30 PM	10 4 **	10.00 AM	4 **		
Al-Anon (Espanola)									10.00 AM 6.00 PM	10 10				
Al- Ateen			7.30 PM	4										
Nar-Anon			8.00 PM	1	8.00 PM	10								
Free 2B			6.45 PM	2										
No BS Bible Study	6:30 du.	3												
Overeaters Anonymous									12 Noon	10				
Regeneration							6.30 PM	2						
Restoration			7.00 PM	8										
<b>MEETING PLACES</b>														
1 Crossroads Baptist Church 5000 Colledge Park Dr, The Woodlands Nar-Anon 936-524-1681 (Lain) & 281-321-5505	3	Lois Thomson Bowersock Ste 101, 1733 Woodstead Ct, The Woodlands NO BS Bible Study 281-419-5255 NO BS Bible Study 281-419-5255	5	Saint Anthony of Padua Catholic Church Saint Theresa Center 7985 Bay Branch Dr, The Woodlands, TX 77382 Al-Anon 713-252-7623 (Joe)	8	The Woodlands Church 1 Fellowship Dr, The Woodlands Restoration 281-363-9292 & 281-367-1900								
2 Faith Bible Church 5505 Research Forest Dr, The Woodlands Free 2B 936-321-5505	4	Safe Harbor Group Lord of Life Lutheran Church 3801 S. Panther Crk Dr, The Woodlands TX 77381 Alcoholics Anonymous - Mixed Alcoholics Anonymous - Men Alcoholics Anonymous - Women 713-686-6300 & 281-367-7016 4 ** Nursery Care Provided	6	Serenity Group 405 Sawdust Rd, Spring TX 77386 Alcoholics Anonymous 281-292-8334	9	The Woodlands Community Presbyterian Church Alcoholics Anonymous 281-363-2040								
			7	Stonebridge Church One Stonebridge Church Dr, The Woodlands Al-Anon 281-297-5900 & 218-363-9292	10	The Woodlands United Methodist Church 2200 Lake Woodlands Dr, The Woodlands Al-Anon 281-297-5900 Nar - Anon 281-467-9518 (Bob)								